



SIR THOMAS RICH'S SCHOOL

Oakleaze, Gloucester

Reading During Lockdown

Dear Parents

In September, we introduced our guided reading programme with the aim of instilling the important habit of reading in students; we know that reading regularly has many cognitive benefits including vocabulary expansion and memory improvement. Whilst, last term, the year group bubbles meant that we couldn't introduce the programme in quite the way we envisaged, there was certainly more collective reading going on in school. We also know that reading can reduce stress and offers an alternative to screen time which, at the moment, is something we are all trying to manage.

We would like to encourage students to continue reading during lockdown and Mrs Roche, Head of English, has produced this [video](#) which we hope will inspire students to immerse themselves in a story for a few minutes each day. Please also take a look at the [English](#) page on the school website where there are plenty of reading recommendations for students in all Key Stages plus our Book of the Week post on the School's social media pages will give staff and students the opportunity to recommend enjoyable reads to others.

Kind regards

Debbie Brake

DEPUTY HEADTEACHER

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